



# Reliable aerosol delivery

Instructions for using OptiChamber Diamond valved holding chamber

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# OptiChamber Diamond helps you get your inhaler medicine into your lungs, where it works

Please follow these instructions carefully, and also read the instructions for use inside the OptiChamber Diamond box.



Remove the caps from the inhaler and the Diamond chamber. Look for and remove any foreign objects in the chamber.



Insert the mouthpiece of your inhaler securely into the back of the Diamond chamber.



If a mask is needed, place the mask onto the mouthpiece end and gently twist until it fits securely.



Shake the chamber and inhaler 4 – 5 times.



Place your lips around the mouthpiece to form a tight seal. Exhale. Spray one puff of medicine into the chamber and immediately begin to inhale slowly, taking a full deep breath.\*



If the flow alert 'whistle' sounds, breathe in more slowly. Hold your breath for up to 8 seconds and then breathe out.



Or if using a mask, press and hold the mask over the mouth and nose. Spray one puff of medicine into the chamber and breathe in and out for 6 breaths.\*



The exhalation valve will open when the user breathes out, which can help you to count the breaths.

\* If your doctor has instructed you to take more than one puff of medication, wait for one minute and then repeat steps 5 – 8.

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